

VASER HI DEF LipoSculpture

Vaser Assisted High Definition LipoSculpture, or Vaser Hi Def, is an advanced body sculpting procedure that uses cutting edge technology to create a sculpted, athletic appearance in males and females by removing fat around muscle groups. It is performed using the Vaser Lipo System to selectively remove fat in the targeted areas. Vaser High-def liposculpture selectively removes small deposits of fat surrounding specific muscle groups in order to enhance the visibility of the body's natural contours. This technique not only focuses on a person's outer form, but also takes into account the shape and form of structures underneath the skin that create body contours.



Unlike fat removing procedures such as liposuction, Vaser Hi Def LipoSculpture is designed for people who are generally fairly fit and active with good muscle tone and skin. The typical patient maintains a

healthy lifestyle through diet and exercise but is unable to achieve the desired athletic appearance. Vaser High-def liposculpture should not be performed after massive weight loss or on patients with severe stretch marks in the abdominal area. It is not recommended for patients with marked muscular laxity or moderate to severe skin laxity.

Frequent Asked Questions:

How does the VASER Hi Def LipoSculpture work?

Vaser Hi Def Liposculpture uses deep, superficial, and transitioning techniques in specific areas of the torso to create a more natural muscular appearance. Intramuscular fat transfer into the areas of the torso that need more volume have helped patients achieve their goals for a more athletic looking appearance.

What is the difference between VASER Hi Def and Vaser LipoSelection?

Vaser Hi Def Liposculpture defines athletic muscular structures in a normal and fit body, whereas liposelection targets pockets of resistant fat in order to create a more pleasing body. The Hi Def procedure is intended for those who are already physically fit and active who want to enhance their athletic form. Liposelection simply removes fat that refuses to go away despite continued diet and exercise.



Who is an ideal candidate for Vaser Hi Def Liposculpture?

This procedure is meant for body sculpting rather than fat removal. Therefore, men and women who are fit and active with good muscle tone and skin quality are ideal candidates for Hi Def Liposculpture. The typical patient maintains a healthy lifestyle through diet and exercise but is still unable to achieve the desired athletic appearance.

What areas of the body can be treated with Vaser Hi Def Liposculpture?

Multiple areas of the body can be treated with this procedure, including the abdomen, chest, back, waist, arms, thighs, buttocks, and hips. Men typically request for six-pack abs and a defined chest and waist. Women typically request for more defined abs, waist, hips, and buttocks.

What should expect after my treatment?

After your treatment, you should be able to resume normal activities within a few days. Most patients report mild to moderate pain and swelling, although some patients may experience more pain or bruising than others. Patients are advised not to resume regular exercising until a month after the procedure. Final results are typically seen after four to six months.



What is the difference between the Vaser procedure and laser liposuction?

Vaser procedures use ultrasound energy to liquify and remove fat cells, while laser liposuction uses a laser to heat and dissolve the fat. In addition, the Vaser procedure generates heat under the skin to

cause the overlying collagen to contract and the skin to tighten. Vaser also differs from laser liposuction in that it is able to distinguish between fat cells and other body tissue (nerves, muscle, blood cells, etc), therefore decreasing the chance of tissue damage. Because laser liposuction is not tissue selective, there could be possible damage done to surrounding tissue.

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