

## Neck Lift

The neck lift, also referred to as a platysmaplasty, is a cosmetic procedure used to minimize the appearance of loose, sagging skin in the neck area and below the jaw line. It is the re-creation of a sharp and well-defined jawline, done by tightening the underlying muscles that have loosened throughout the years and re-draping the skin around the area.

Advantages of neck lift:

- Office procedure under local anesthesia with IV sedation
- Small incisions, no general anesthesia
- 2 hours surgery combined with neck liposuction
- Improve both neck and Jowls
- Long-lasting effect with no visible scar
- Minimal swelling and bruising



### Frequent asked Questions:

#### Who are ideal candidates for this procedure?

Ideal candidates for this procedure are men and women who experience a saggy neck, jowls, or neck banding and who are healthy and have realistic expectations for results. The patients often combine a neck lift with liposuction, mini facelift, or other surgeries.

#### How is a neck lift performed?

Under tumescent (local) anesthesia and IV sedation, Surgeon performs liposuction on the neck first. Two incisions are made either under or behind the ear, and a small incision is made under the chin. The platysma muscle and SMAS fascia are lifted into place and sutured to firm up appearance of the neck, and sections of skin are trimmed. Then, submental platysmaplasty is performed, section of fat and muscle is removed and the ends are sutured together at the mid-anterior (front) section of the neck.

#### How long is the procedure?

The procedure takes about 2 to 3 hours.

#### Will there be any visible scars?

Any leftover scars are generally small and well-hidden. Incisions are done behind the ears and under the chin.

#### Do people undergo other cosmetic procedures in addition to a neck lift?

Patients sometimes undergo a mini face lift, liposuction, or fat transfer in addition to receiving a neck lift.

#### What is the recovery period like?

Patients can typically return to normal activities within the first week, depending on the patient's condition. There will be some swelling and bruising, which will take about 1-2 weeks to heal. During the first week, a lightly compressive dressing must be worn around the neck to keep the swelling down and help the skin contract.

#### How soon can results be seen?

Results of an improved appearance are immediate and become more obvious when the swelling and bruising go down within two weeks. Skin contraction will continue until about four to six months. By the sixth month, you will be able to see your final result.

#### What are the possible complications?

Complications and risks of a neck lift procedure may include asymmetry, nerve injury, infection, unfavorable scarring, and blood and fluid collection. However, these complications are rare.

### Contact Information

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