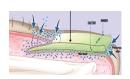


Introducing: a revolutionary, drug-free, laser procedure for the nail fungus

Nail fungus, also known as onychomycosis, is an embarrassing condition that a fungal infection causes the nails to be thick, hard, and nastily discolored. Brittleness, splitting of the nail, and debris stuck under the nail can also appear. Sometimes, nail fungus can be even painful. Topical and oral medications have been available, but more recently, new advances in technology have allowed lasers as a much better treatment.



Topical medications work only about 10% of the time, as they fail to penetrate under the nail, where the fungus lays, and

must be used for at least 6 months. The alternative, oral medications, only has a 50/50 chance of success and can cause liver damage, and many physicians are reluctant to prescribe oral medication. A liver function test must be taken prior to examination and another 2 tests are needed 6 weeks and 12 weeks after starting medication to monitor unwanted elevation in liver enzymes. All of this inconvenience and risk for a medication that has a 50% chance of working might not be recommended for everyone.

Now however, a new breakthrough treatment is available, the nail laser treatment, that has no known side effects and is PAIN FREE. The procedure is done in office, taking 10 minutes every procedure, with 2-3 procedures depending on the severity and extent on the fungal infection. Nail laser treatment has been clinically proven to be more effective than any other medication. The laser's light penetrates the nail and surrounding skin, killing all fungus under the nail.

Dr. Shu is the pioneer and the leading provider of a brand new laser treatment in the Minnesota. 10 minutes laser treatment will change your life. It is safe and without major discomfort.

Recent clinical studies showed about 87% effective rate in the laser treatment of the nail fungus, much higher effective rate than the oral medications. Since toenail fungus laser treatment is drug-free, there are none of the potential life threatening risks and possible liver damage associated with the oral medications

Advantages of nail laser treatment

The nail laser therapy is a breakthrough new technology in eliminating nail fungus infections. It is clinically proven to cure nail fungus with enormous advantages over traditional oral medication for nail fungus.

- The recent studies showed 87% effective rate in one treatment
- It is clinically proven and effective treatment of all types of nail fungus
- Only need one or two 10 minutes treatments
- Very safe, PAIN FREE
- No oral medication needed

Disadvantages of oral medications:

- Oral anti-fungal medication has the potential of liver damage.
- Multiple blood tests are required to monitor liver enzyme.
- The patients have to take oral medications daily for 3 months or longer.
- Some patients are allergic to the oral medications.
- Oral medications could interact with other medications.
- Oral medications are not effective in the certain type of nail fungal infection.
- Oral medication has 50%-70% effective rate, often requiring the second "round" of medication



Frequent Asked Questions

What is nail fungus?

Nail fungus is a fungal infection of the fingernails and toenails that causes discoloration, thickening, and often softening of the nails. These infections occur when fungi get past the nail barrier, living and growing underneath the nail.

How does fungus get underneath the nail?



Toenail fungus usually occurs because socks and shoes keep the toenails dark and moist, a perfect breeding ground for fungi. Nail

polish and fake nails (plastic or acrylic) can trap moisture and fungi in fingernails.

What happens during a nail fungal infection?

First, the area around the base and sides of the nail become red and irritated before later spreading to the nail and nail bed. Mild discomfort, itchiness, and sometimes pain around the cuticles usually develop, and bleeding or detachment of the cuticles may occur. The nail can become discolored, thicken, or develop grooves, lines, and tiny punched out holes.

How does the laser treatment work?

For the laser treatment, energy from a laser beam is directed at the specific cells causing the infection, vaporizing the fungus embedded in the nail bed and nail plate.

Is this laser treatment painful?

Patients should experience very little discomfort during or after the treatment. In addition, the laser beam does not have any harmful effect on healthy tissue.

How long does the laser treatment take?

The laser treatment typically takes about 10 minutes for treatment of the big toe. If more toes are infected, the procedure will take a longer amount of time. Most patients only require one treatment.

How soon will I see improvement? Is it permanent?

The treatment typically produces permanent results. The new nail will grow within the first 6-12 months.

Is the laser treatment safe?

Yes, it is safe. This procedure does not require medication that involves other parts of the body, and studies have not shown any adverse effects or side effects.

Are medication or ointments needed for the laser treatment?

No, the treatment usually does not require any outside medication or topical ointments. Penlac solution may be prescribed to improve the efficacy. UV sanitizer is used to eliminate the fungi in the shoes. Some medication may be prescribed for the recovery process.

How will I feel after the procedure?

You will be able to walk and leave right after the procedure is completed.

Does insurance cover the laser treatment?

The laser treatment is not included as a health insurance benefit.

Contact Information

Shu Cosmetic Surgery Institute

6545 France Ave S. Suite 290 Edina, MN 55435 (952) 922-9999 cosmetics@shuMD.com www.shucosmeticsurgery.com