

Mini Tuck (partial lipoabdominoplasty)

A partial abdominoplasty, more commonly known as a mini-tuck, is a body contouring procedure used to target and trim the lower abdominal area. Traditional mini-tuck is performed surgically to remove the skin and fat tissue in the lower abdomen without any liposuction or very limited liposuction. In general, traditional mini-tuck is less likely to restore and rejuvenate the abdominal contour with a natural profile



Dr. Shu doesn't do traditional, surgical mini-tummy tuck without liposuction because of suboptimal result. Dr. Shu offers a partial lipoabdominoplasty with Saldanha's technique, the newest technique of Tummy Tuck with extensive liposuction originally developed by Dr. Saldanha.

Advantages with new technique:

- A better body contour is achieved, because liposuction decreases the abdominal measurement.
- Less morbidity, due to the preservation of the perforating vessels
- Low percentage of complications
- Easier technique with addition of liposuction
- Rejuvenated abdomen with a more natural profile
- Preservation of the supra-pubic sensitivity
- Rapid postoperative recovery and shorter scar
- It is safer for smokers and post-bariatric patients

When you compare the prices offered from the traditional plastic surgeon, you should know that a partial lipoabdominoplasty is more about extensive liposuction with the new surgical technique than just removing a piece of skin or fat in the traditional way.

A partial lipoabdominoplasty provides a long lasting result as long as the patient continues to follow

a healthy diet and lifestyle. Although results depend on the extent of the procedure, patients usually never have to worry about a flabby stomach again.

Frequent Asked Questions:

What is a mini tummy tuck?

Traditional mini-tuck is performed surgically to remove the skin and fat tissue in the lower abdomen without any liposuction or very limited liposuction. Dr. Shu doesn't do traditional, surgical mini-tummy tuck without liposuction because of suboptimal result. Dr. Shu offers a partial lipoabdominoplasty with Saldanha's technique, the newest technique of Tummy Tuck/mini tuck with extensive liposuction originally developed by Dr. Saldanha.

Who is an ideal candidate for a mini tummy tuck?

The mini tummy tuck procedure is ideal for patients who experience a bulging abdomen, excess fat, or sagging skin in the lower abdominal region. It can also be used to correct muscle weakness. Candidates should not be expecting results that are similar to those from a standard tummy tuck.

What are the differences between the partial lipoabdominoplasty with Saldanha's technique and traditional mini-tuck?

Saldanha's lipoabdominoplasty is the newest technique of Tummy Tuck/mini-tuck originally developed by Dr. Saldanha. In the contrast to the traditional technique of tummy tuck/mini-tuck, Saldanha's technique involves extensive liposuction and preserves the perforating vessels and Scarpa's fascia, therefore, Saldanha's lipoabdominoplasty has faster recovery time and better body contour and involves fewer complications compared to a traditional tummy tuck. It is even safer for smokers and post-bariatric patients.

Does a mini Tummy Tuck require a general anaesthetic or hospitalisation?

No. A mini Tummy Tuck can be performed under the tumescent (local) anesthesia and IV sedation in the ambulatory setting.

What are the risks and complications for a mini tummy tuck?

Risks and complications of this procedure may include swelling, bruising, bleeding, infection, scarring, numbness, and change in feeling. The lower abdomen area may experience some scarring and irregularity from the liposuction.

What is the recovery time for a mini tummy tuck?

Recovery typically takes one to two weeks. Patients are able to return to normal activities within two weeks of the surgery.

Is a mini tummy tuck suitable to fix post-pregnancy excess fat?

Yes, mini tummy tucks are often used to get rid of post-pregnancy fat. Loose rolls of skin and fat left after a pregnancy can prove extremely difficult to remove simply with exercise and diet, so a mini tummy tuck can help. A mini tummy tuck costs less than a traditional tummy tuck and only leaves a small scar above the pubis.

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