

## Mini Facelift

The mini facelift, or S-lift, is an office-based procedure used to lift the skin on the lower face, mid face and upper neck in order to achieve a more youthful appearance. This procedure is ideal for patients who only want to fix mild and moderate skin sagging. The mini facelift will not affect the forehead, brow position, and the eyelids.



Mini facelifts provide patients with a long lasting, refreshed, and more youthful facial appearance. Indications of facial aging and need for a mini face lift include noticeable smile lines, sagging around the jawline, and jowl formation. Mini facelifts are also ideal for patients who require additional skin tightening after previous facelifts.

Advantages of mini facelift:

- Office procedure under local anesthesia with IV sedation
- No general anesthesia
- Less than 2 hours surgery with small incisions
- Improve Jowls, neck and the mid face (cheek)
- Long-lasting effect with no visible scar
- Minimal swelling and rare bruising
- Quick results with natural appearance
- Lower cost than a traditional full facelift

### Frequent asked questions:

#### **Who is an ideal candidate for a mini facelift?**

Ideal candidates include both men and women who experience sagging skin in their lower face and upper neck. People with unwanted jowling along the jawline may also be good candidates. The mini facelift is perfect for those who only want to fix mild and moderate skin sagging.

#### **Does a mini facelift require a general anaesthetic or hospitalisation?**

No. A mini facelift can be performed under local anesthetic and IV sedation in a well equipped doctor's office.

#### **How is the mini facelift performed?**

Small incisions are made in a S shape along the hairline and front border of the ear. Then, the skin at the front of the ear is gently lifted and a skin flap is created to expose the muscular fascia layer—the Superficial Muscular Aponeurotic System (SMAS). Purse string dissolvable sutures are placed in SMAS to tighten the jowl area and the mid face, A second row of sutures is placed extending down into the upper neck. Excess skin is then trimmed, and the skin layer is closed with small sutures. Small scars are typically left, but they are well-hidden.

#### **How long does the mini facelift procedure take to perform?**

The procedure takes two hours.

#### **How long is the recovery period?**

After the facelift, patients can typically look presentable within a few days, although swelling and bruising can take up to 10 days to resolve. Stitches are removed within five to seven days following the procedure. Patients can usually return to normal activities within a week. Within two to three weeks, exercise and more strenuous activities can be done.

#### **Are there any risks or complications with the mini facelift?**

Although very rare, there is a risk of infection and bleeding, as well as potential risk of damaging facial nerves that control movement in the face. There is also the risk of numbness occurring around the ear; however, this is usually temporary and caused by bruising of the nerve. It is also possible for some patients to develop unfavorable scars, although most post-surgery scars are well-hidden and small.

#### **Contact Information**

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