

Fat Transfer



Fat transfer is a minimally invasive cosmetic procedure that removes unwanted fat from one area of the body and places it into another area of the body, usually to improve the appearance of the new area. Fat is the natural filler for the facial rejuvenation and breast or buttock augmentation. Fat transfer can correct aging in the hands and post-surgical and post-traumatic defects. A major advantage of fat transfer is that patients can never have an allergic reaction since the fat used is taken from their own bodies.

Autologous fat transfer involves gently removing fat from body regions with localized fat deposits under local anesthesia; the harvested fat is then injected into the depressed areas.

Frequent asked Questions:



What is fat transfer?

Fat transfer is a minimally invasive cosmetic procedure that removes unwanted fat from one area of the body and places it into another area of the body, usually to improve the appearance of the new area.

Who is an ideal candidate for fat transfer?

Anyone who is in overall good health, who has realistic expectations and is interested in improving the appearance of their body. This procedure is also good for individuals seeking a natural alternative to collagen.

What happens during a fat transfer procedure?

Under a local anesthetic and light sedation, the fat is harvested through a gentle suction process. The harvested fat is then injected into the parts of the body that are being treated.

What area is fat taken from?

Fat can be taken from areas that have tightly packed fat accumulation. Common areas include the abdomen, waist, and buttocks.

Is it possible to enlarge my breasts using fat transfer?

Yes, fat can be transferred to the breasts. It is a safer alternative to traditional silicone or saline implants. This outpatient procedure can be done using a local anesthetic.

How long does the procedure usually take?

The 1st part of the procedure, the liposuction process may take 1-2 hours, and the 2nd part, Fat transfer process can typically be performed in under an hour.

Will the procedure be painful?

There is typically minimal discomfort for fat transfer procedures.

What is the recovery process like?

After fat transfer, there will be some swelling and bruising in the treated areas, as well as some soreness. Avoid moving the treated areas while they heal. It typically takes about two weeks for the swelling and bruising to resolve.

When can I see the results?

Full results of the fat transfer will take about 3 to 4 months. However, this depends on the areas treated as well as your general health.

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