

For Immediate Release

## **Shu Cosmetic Surgery now offers Total Body Liposuction**

Edina, MN (March 2014) – Shu Cosmetic Surgery is now offering total body Lipo - liposuction performed extensively across the body focusing on fat-deposited areas. New liposuction technologies have improved efficiency, patient safety, and reduce the recovery time.

It depends on your body size and amount of fat deposits; you may need 1-3 sessions, spaced in 3-7 days apart. If your Body Mass Index (BMI) is less than 25, we would schedule you for 1 – 2 liposuction sessions. If your BMI is more than 25, we would schedule you for 2-3 sessions.

Rationale for the Total Body Lipo Process is to improve patient safety by avoiding lidocaine toxicity. The liposuction is performed under the tumescent anesthesia with diluted Lidocaine. By spreading the procedures out, we don't need to maximize the total amount of Lidocaine used. It also improves lipo experience by spreading the procedures out, we can increase the amount of tumescent fluid used in the sensitive areas in each procedure. It helps control pain, maximize fat removal, and facilitate recovery.

“We often group abdomen, lower back, and hip together in the 1st lipo, and group neck, upper arm, inner thigh, knee and other areas in the 2nd lipo. Your body can be transformed in a week!” Dr. Shu Said. “Our lipo technologies and techniques are much safer and more precise than crude fat extraction from the past.”

Shu Cosmetic Surgery is the most comprehensive cosmetic treatment center for advanced liposuction in Minnesota, offering three advanced technologies: Vaser Liposuction, Laser Liposuction and AquaShape (Body Jet Lipo) – giving you the most options and targeted results. Dr. Shu started offering Vaser liposuction in 2009; it quickly became his favorite liposuction technology. The Vaser Lipo system uses focused ultrasound energy to selectively get rid of fat cells without affecting much of the surrounding veins, nerves, and tissue. This results in faster healing and less downtime. It also helps to tighten skin.

The Total Body Lipo can be performed effectively and efficiently under intravenous or oral sedation and local tumescent anesthesia, it usually takes 2 hours to finish the liposuction in each session. Total body liposuction is typically costs 20-40% less than having them done individually.

Steven Shu, MD, MBA, is a board certified laser surgeon and an expert in office cosmetic surgeries in the United States. He has adopted countless revolutionary techniques to achieve ideal results with more efficiency and safety. For more information on Shu Cosmetic Surgery Institute, please visit the center's website at <http://www.rejuvelaser.com> or <http://www.shucosmeticsurgery.com>.

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