For Immediate Release

## Shu Cosmetic Surgery Goes for High-Definition Sculpting

Minneapolis, MN, February 8th, 2010 — Shu Cosmetic Surgery is proud to offer the latest technology in liposuction body contouring and sculpture – Vaser Assisted High Definition LipoSculpture, or VASER Hi-Def. Dr. Steven Shu is one of few physicians in North America to be personally trained by Dr. Alfredo Hoyos (inventor of VASER Hi-Def) and John Millard in Advance Body Sculpting. He is the first physician to perform this procedure in Minnesota. This advanced liposuction procedure is perfect for individuals who want to remove that last bit of fat and obtain a sculpted, athletic appearance.

VASER Hi-Def is an advanced body sculpting procedure that uses cutting-edge technology to create a sculpted, athletic appearance in males and females by removing fat around specific muscle groups in order to enhance the visibility of the body's natural contours. This technique not only focuses on a person's outer form, but also takes into account the shape and form of structures underneath the skin that create body contours.

"This procedure can be done on almost all areas of the body, including the stomach, chest, thighs, hips, and waist," say Dr. Shu, medical director of Shu Cosmetic Surgery. "The procedure takes longer than typical liposuction, and recovery time is slightly longer, too".

About Dr. Shu and Shu Cosmetic Surgery

Steven Shu, MD, MBA, is a cosmetic surgeon and an expert in office procedure in Minnesota. He has adopted many advanced cosmetic surgical techniques to achieve ideal results with more efficiency and safety. For more information on Shu Cosmetic Surgery, please visit the center's website at http://www.shucosmeticsurgery.com or http://www.rejuvelaser.com.

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