

Laser Liposuction

Laser liposuction is a fast, safe, and minimally invasive procedure that uses a laser to melt and remove unwanted areas of fat. In addition to removing unwanted fat, the laser's thermal effect causes the skin to contract, resulting in firmer, smoother skin. The laser procedure requires minimal healing time and very little discomfort. This technique uses low doses of heat from heat-generating lasers to selectively break up unwanted fat and reshape your body.



This procedure is also known as laser-assisted lipolysis (or laser lipo), which is an enhanced version of traditional liposuction. Traditional liposuction is

considered to be an aggressive and highly invasive procedure that could harm other body tissues. Laser lipo is minimally invasive with almost no downtime. Most patients resume normal activities the day after their procedure, although more strenuous activities should not be done for a few days afterward. Laser lipo can be used as an alternative to traditional liposuction depending on the patient's background.

Frequent Asked Questions:

What is the laser liposuction?

Laser lipo is a fast and safe fat-removing procedure that uses a laser to melt and remove unwanted fat cells in targeted body zones. In addition, the thermal effect from the laser causes the skin to contract, resulting in firmer, smoother skin that further enhances your body shaping goals. Laser lipo is an enhanced version of traditional liposuction and can be used as an alternative procedure to the traditional procedure.

How does laser liposuction work?

A mild numbing agent is first applied to the targeted fat area. A small metal tube called a cannula is then inserted under the skin. A tiny laser beam is fired, and the cannula is moved back and forth. The laser warms the targeted fat cells, creating a thermal effect. The targeted fat cells begin to melt and liquify since fat cells are highly receptive to thermal energy. Once the fat cells liquify, your doctor will suction them out of your body.

How is laser liposuction different from traditional liposuction?

Laser lipo and liposuction are both highly effective procedures for the removal of unwanted fat. However, traditional liposuction is extremely aggressive and could cause significant bruising, whereas laser lipo is much less harmful and reduces the risk of tissue damage. Traditional liposuction also requires anesthesia and pain medication to control pain, whereas laser lipo does not require the patient to be heavily sedated or experience much discomfort. Laser lipo is also less risky with fewer complications compared to traditional liposuction. Recovery time for laser lipo is shorter since the procedure is much less invasive.

What areas of the body can be treated with laser liposuction?

Many areas of the body can be treated using this procedure, including the stomach, waist, chest, back, face, chin, neck, arms, thighs, buttocks, and ankles.

Is Laser liposuction safe?

Yes, laser lipo has been approved by the Food and Drug Administration (FDA) for use in the United States. Many people have successfully undergone laser lipo treatment.

What are the benefits of laser liposuction?

Laser liposuction is ideal for removing localized areas of fat in stubborn body zones that are resistant to exercise and diet. This procedure allows your doctor to selectively target unwanted fat deposits and liquify and remove them. You'll see an overall circumference reduction in the targeted zone, as well as skin tightening in the treated area.

How soon will I see my results?

Results are typically dramatic and appear within 1 to 2 weeks after the treatment. However, certain areas such as the neck and jaw show even faster results after only a few days. Because healing and metabolism rates differ with every patient, results usually require 4 to 6 months to fully appear. Improvement in the body shape continues to be seen for several months afterward.

Is the laser liposuction a “one-time” treatment?

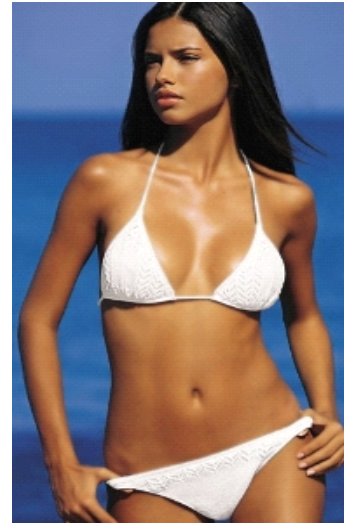
Laser liposuction is typically done as a one-time treatment. Fat cells cannot grow back once they have been removed. However, significant weight gain will still appear after fat cells build up in areas where fat layers have not been removed. Additional treatments may be done if the final results are unsatisfactory.

Is there a recovery period?

Patients typically resume normal activities the day after the treatment. However, for more strenuous activities such as running and exercising, patients are advised to wait several days after the treatment.

Who is NOT a good candidate for laser liposuction?

Women who are pregnant should not undergo laser lipo. Additionally, you will discuss the potential health risks of the procedure at a consultation with your doctor.



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